



## New York State Teachers' Retirement System

To: Chief School Administrators  
College and University Presidents  
District Contacts  
Employer Secure Area Contacts

## Administrative Bulletin

*Issue No. 2023-6*

*May 2023*

### **NYSTRS Announces Return of In-Person PREP Seminars *Summer 2023 Schedule Released***

Many retirees tell us they wish they began focusing on financial and retirement planning much earlier in their lives. To help active members avoid that pitfall, NYSTRS offers a proactive approach to prepare for retirement: the Pension & Retirement Education Program (PREP).

NYSTRS is pleased to announce the return of its in-person PREP seminars. The summer 2023 schedule of seminars is now available on the [Retirement Planning > Pension & Retirement Education Program](#) page at NYSTRS.org and on the ensuing page of this Administrative Bulletin.

The PREP seminar educates members of all ages and career stages on the value of careful financial and retirement planning. The seminar further helps them understand their NYSTRS benefits and how their future pension fits into their overall retirement picture. This information is a key piece of the plan that helps members achieve their retirement goals and dreams.

The half-day seminars, which are free and held throughout the state, cover the following topics: NYSTRS benefits, financial planning, Social Security, estate planning, and the retirement process.

Spots fill up quickly! **Please share this information with NYSTRS members at your district as soon as possible so those who would like to attend a seminar can register now. We kindly request that you forward this Bulletin, and print the schedule found on the ensuing page and post in your district's staff lounges and common areas.** Instructions for making reservations, which are accepted in the order in which they are received, are included on our website and the schedule found on the ensuing page of this Bulletin.

PREP seminars are not intended for individual benefits counseling. Members interested in a benefit consultation should visit the [Retirement Planning > Benefits Consultations](#) page of our website to learn how to schedule a personal consultation.

Thank you for your assistance in spreading the word about these important NYSTRS programs!

*Administrative Bulletins dating from 2005 to the present are available on our website at [NYSTRS.org](#). Select Employers and visit the Administrative Bulletins page.*



# Pension & Retirement Education Program (PREP)

Many retirees wish they began focusing on financial and retirement planning much earlier in their lives. Don't let that happen to you! No matter how far along you are in your career, careful financial and retirement planning are critical. That's why our Pension & Retirement Education Program (PREP) seminar is so valuable. The seminar will help you understand your NYSTRS benefits while also providing essential retirement-planning tips, which will help you develop a plan to achieve your retirement goals.

Seminars are held from 8:30 a.m. to 1 p.m. with registration beginning at 8 a.m. Topics include: NYSTRS benefits, financial planning, Social Security, estate planning, and the retirement process. Seminars are free and your spouse/ companion may attend but you must make reservations in advance.

## Summer 2023 Schedule of PREP Seminars

Make your reservation via your online MyNYSTRS account at NYSTRS.org or by calling (800) 348-7298, Ext. 6180 weekdays from 8:30 a.m. to 4:15 p.m. Seminars fill quickly so book early!

<p><b>ALBANY</b></p> <p>July 12 (Wednesday) August 9 (Wednesday)</p> <p>NYSTRS Headquarters 10 Corporate Woods Drive Albany, NY 12211</p>	<p><b>FISHKILL</b></p> <p>August 10 (Thursday)</p> <p>Hyatt House - Fishkill 100 Westage Business Center Drive Fishkill, NY 12524</p>	<p><b>L.I.-RIVERHEAD</b></p> <p>August 15 (Tuesday)</p> <p>Hotel Indigo – East End 1830 West Main Street, Route 25 Riverhead, NY 11901</p>
<p><b>BINGHAMTON</b></p> <p>July 26 (Wednesday)</p> <p>DoubleTree by Hilton-Binghamton 225 Water Street Binghamton, NY 13901</p>	<p><b>LAKE PLACID</b></p> <p>July 19 (Wednesday)</p> <p>High Peaks Resort 2384 Saranac Avenue Lake Placid, NY 12946</p>	<p><b>ROCHESTER</b></p> <p>August 2 (Wednesday)</p> <p>RIT Inn &amp; Conference Center 257 West Henrietta Road Rochester NY 14467</p>
<p><b>BUFFALO</b></p> <p>August 1 (Tuesday)</p> <p>Buffalo Airport Hotel 4600 Genesee Street Cheektowaga, NY 14225</p>	<p><b>L.I.-MELVILLE</b></p> <p>August 16 (Wednesday) August 17 (Thursday)</p> <p>Melville Corporate Center III 324 South Service Road Melville, NY 11747</p>	<p><b>SYRACUSE</b></p> <p>August 3 (Thursday)</p> <p>OCM BOCES Main Campus 110 Elwood Davis Drive Liverpool, NY 13088</p>

### Helpful tips:

- When calling to make a reservation, have the following information at hand: your EmplID or Social Security number, email address, and phone number (and the same information for your spouse/companion if they are a NYSTRS member and will attend with you).
- Bring your latest annual *Benefit Profile* with you to the seminar. (You may print it from MyNYSTRS.)
- If you make a reservation but cannot attend, please call the number above to cancel (or cancel via MyNYSTRS) so we can offer your spot to another member.
- PREP seminars do not include individual retirement counseling. Visit the Retirement Planning > Benefits Consultations page at NYSTRS.org to learn how to schedule a consultation.

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**10 Corporate Woods Drive • Albany, NY 12211-2395 • (800) 348-7298**